



Sean and Andy's Top 10 take aways from the revised Health and Physical Education (HPE) Curriculum 7-10 VCAA update

Key enhancements and changes:

1. Strengths-based approach	<ul style="list-style-type: none"> ○ The curriculum is designed to focus on promoting the benefits of lifelong physical activity rather than the consequences of inactivity. ○ This strengths-based lens encourages positive reinforcement throughout teaching and learning programs.
2. Enhanced teachability	<ul style="list-style-type: none"> ○ The revisions to the curriculum have improved clarity, making content descriptors more explicit and aligning them better with the learning sequence. ○ This reduces guesswork for teachers and makes the curriculum more accessible.
3. Comprehensive support materials	<ul style="list-style-type: none"> ○ Upcoming resources, including curriculum maps, plans, and teaching examples, will provide concrete examples of how to embed propositions into teaching. ○ These materials will help teachers apply the curriculum effectively.
4. Health and Physical Education focus	<ul style="list-style-type: none"> ○ The curriculum strands and sub-strands now better reflect the content, emphasizing not just individual health but also contributions to healthy communities. ○ This broader perspective encourages a more holistic approach to health education.
5. Clarity in swimming and water safety	<ul style="list-style-type: none"> ○ The content descriptors for swimming and water safety have been clarified, addressing past ambiguities and ensuring schools understand the expectations clearly.

6. Respectful Relationships and Consent	<ul style="list-style-type: none"> ○ The curriculum has strengthened its focus on respectful relationships and consent, with explicit references to these topics, including gender-based violence. ○ This aligns with the latest Australian Curriculum standards.
7. Integration of stereotypes and gender-based violence	<ul style="list-style-type: none"> ○ The curriculum now complements the teaching of respectful relationships by integrating content on stereotypes and gender-based violence, ensuring a comprehensive approach to these critical issues.
8. CPR and first aid instruction	<ul style="list-style-type: none"> ○ Clear guidelines are provided for teaching CPR and first aid, starting from Year 7-8, and embedding these skills across the curriculum continuum from Foundation to Year 10.
9. Banded Curriculum for flexibility	<ul style="list-style-type: none"> ○ The banded curriculum allows for more flexible reporting, enabling schools to cover content within a two-year level band rather than being restricted to specific semesters. ○ This flexibility is particularly useful for subjects like water safety, where schools can leverage different resources.
10. Improved website functionality	<ul style="list-style-type: none"> ○ The curriculum website is designed to be user-friendly, with features that allow educators to isolate specific levels or view the continuum of learning across multiple levels, enhancing navigation and planning.

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Available and upcoming resources

Currently available resources:

- **Victorian Curriculum F-10 Version 2:** Health and Physical Education curriculum.
- **Introducing Health and Physical Education Version 2 Document:** Summarizes key revisions to the curriculum.
- **Health and Physical Education Comparison Document:** Outlines differences between version one and version two of the curriculum.
- **Scope and Sequence Documents and Glossary:** Available under the resources tab for the Health and Physical Education Curriculum area.

Upcoming resources:



- **Curriculum Area Maps:** Enable mapping of achievement standards and content descriptions across units of work to identify strengths and opportunities for further development.
- **Curriculum Area Plans:** Show development and sequence of related topics across year levels to ensure balanced coverage at a whole school level.
- **Teaching and Learning Units:** Include a template and populated primary and secondary examples.
- **Assessment Examples:** Clearly use the achievement standards for the Health and Physical Education Curriculum area.

Professional Learning and support

A range of professional learning opportunities will be available to support teachers and leaders in understanding and implementing the curriculum. This includes webinars, introductory videos, and asynchronous learning modules. These modules will be developed for all curriculum areas, including health and physical education, and will be available on an LMS for flexible access.

Staying updated and providing feedback

To stay updated with news from the Victorian Curriculum and Assessment Authority (VCAA), you can follow their website, LinkedIn account, and newsletters. Feedback from teachers is crucial in refining resources and providing the support needed for effective curriculum implementation. Completing the short survey at the end of the webinar will help ensure that the support provided meets your needs.