



## Sean and Andy’s top take aways from the revised Health and Physical Education (HPE) Curriculum F-6 VCAA update

### Key enhancements and changes:

<p>1. <b>Clarity in content descriptions:</b></p>	<ul style="list-style-type: none"> <li>○ Clearer detail of the intended scope of knowledge for each content description.</li> <li>○ More explicit language and better sequencing of concepts enhance teachability and create a more appropriate continuum of learning.</li> <li>○ <u>Stronger alignment between content descriptions and achievement standards</u>, making it easier for teachers to see where the content description sits within the achievement standard.</li> </ul>
<p>2. <b>Consultation and involvement:</b></p>	<ul style="list-style-type: none"> <li>○ Extensive reflection and consultation with practicing teachers, leaders from all sectors, and academics.</li> <li>○ Formation of a Curriculum Area Reference Panel involving primary and secondary teachers, and academics connected to the Victorian curriculum.</li> </ul>
<p>3. <b>New website and resources:</b></p>	<ul style="list-style-type: none"> <li>○ <u>A new Victorian Curriculum F–10 website</u> with a user-friendly interface.</li> <li>○ Curriculum introduction page with rationale aims, and structure of the curriculum.</li> <li>○ Tabs for curriculum details, scope and sequence documents, resources, and a glossary.</li> </ul>
<p>4. <b>Strand names and sub strands:</b></p>	<ul style="list-style-type: none"> <li>○ Inclusion of strand names to acknowledge the distinct bodies of knowledge: <u>Health Education and Physical Education</u>.</li> <li>○ Refined sub-strand names to better represent the knowledge and skills contained within each area.</li> </ul>

<p>5. <b>Water safety and swimming:</b></p>	<ul style="list-style-type: none"> <li>○ Strengthened focus on water safety, with all swimming and water safety content descriptions retained from Foundation to Level 6.</li> <li>○ Explicit content descriptions for swimming and water safety are included at Levels 7–10, ensuring the mandated nature of these topics in the curriculum.</li> </ul>
<p>6. <b>Respectful relationships and consent:</b></p>	<ul style="list-style-type: none"> <li>○ Expanded and more explicit references to respect for relationships and consent education.</li> <li>○ Health and Physical Education remains a critical pillar in a whole-school approach to teaching key issues, empowering teachers to explore age-appropriate content that challenges attitudes and behaviours associated with gender-based violence.</li> </ul>
<p>7. <b>Better sequencing and detailed scope:</b></p>	<ul style="list-style-type: none"> <li>○ Improved sequencing of concepts within Physical Education, such as movement skills, movement concepts, movement strategies, and movement sequences.</li> <li>○ Clearer detail in content descriptions, makes it easier for teachers to understand and teach specific knowledge areas.</li> </ul>
<p>8. <b>Assessment and reporting:</b></p>	<ul style="list-style-type: none"> <li>○ Emphasis on assessment based on both achievement standards and content descriptions.</li> <li>○ Clear guidelines on the requirements for reporting, particularly the need to assess physical education twice per year and health at least once per band.</li> </ul>
<p>9. <b>Inclusion and accessibility:</b></p>	<ul style="list-style-type: none"> <li>○ Resources and tools available for differentiated teaching and inclusive practice.</li> <li>○ Encouragement to use resources like <a href="#">UNESCO's Quality Physical Education report</a> and practical articles on inclusive practice.</li> <li>○ Article <a href="#">Strategies to promote inclusion in health and physical education, and beyond</a></li> </ul>
<p>10. <b>First aid and CPR:</b></p>	<ul style="list-style-type: none"> <li>○ Explicit mention of first aid and CPR from Levels 7–10, with scope for inclusion of basic first aid in earlier levels.</li> </ul>
<p>11. <b>Strengths-based approach:</b></p>	<ul style="list-style-type: none"> <li>○ Focus on the positive aspects and benefits of physical activity.</li> <li>○ Promotes lifelong physical activity and its benefits.</li> </ul>

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## Available and upcoming resources

### Currently available resources:

- **Victorian Curriculum F-10 Version 2:** Health and Physical Education curriculum.
- **Introducing Health and Physical Education Version 2 Document:** Summarizes key revisions to the curriculum.
- **Health and Physical Education Comparison Document:** Outlines differences between version one and version two of the curriculum.
- **Scope and Sequence Documents and Glossary:** Available under the resources tab for the Health and Physical Education Curriculum area.

### Upcoming resources:

- **Curriculum Area Maps:** Enable mapping of achievement standards and content descriptions across units of work to identify strengths and opportunities for further development.
- **Curriculum Area Plans:** Show development and sequence of related topics across year levels to ensure balanced coverage at a whole school level.
- **Teaching and Learning Units:** Include a template and populated primary and secondary examples.
- **Assessment Examples:** Clearly use the achievement standards for the Health and Physical Education Curriculum area.

## Professional Learning and support

A range of professional learning opportunities will be available to support teachers and leaders in understanding and implementing the curriculum. This includes webinars, introductory videos, and asynchronous learning modules. These modules will be developed for all curriculum areas, including health and physical education, and will be available on an LMS for flexible access.

## Staying updated and providing feedback

To stay updated with news from the Victorian Curriculum and Assessment Authority (VCAA), you can follow their website, LinkedIn account, and newsletters. Feedback from teachers is crucial in refining resources and providing the support needed for effective curriculum implementation. Completing the short survey at the end of the webinar will help ensure that the support provided meets your needs.

