



Tip of the Week HPE

Game Sense

Game Sense is an innovative student-centred approach to physical education that places the game at the heart of the session.

Game Sense encourages the player to:

- develop skills in a realistic context
- to become more tactically aware
- to make better decisions
- to have more fun

Game Sense is used in every physical education lesson to enable students to transfer knowledge and skills across similar sports through themed categories:

INVASION

- Basketball
- Netball
- Soccer
- Handball
- Football
- Frisbee

NET/WALL

- Squash
- Badminton
- Tennis
- Volleyball

STRIKE/FIELD

- Cricket
- Baseball
- Softball

TARGET

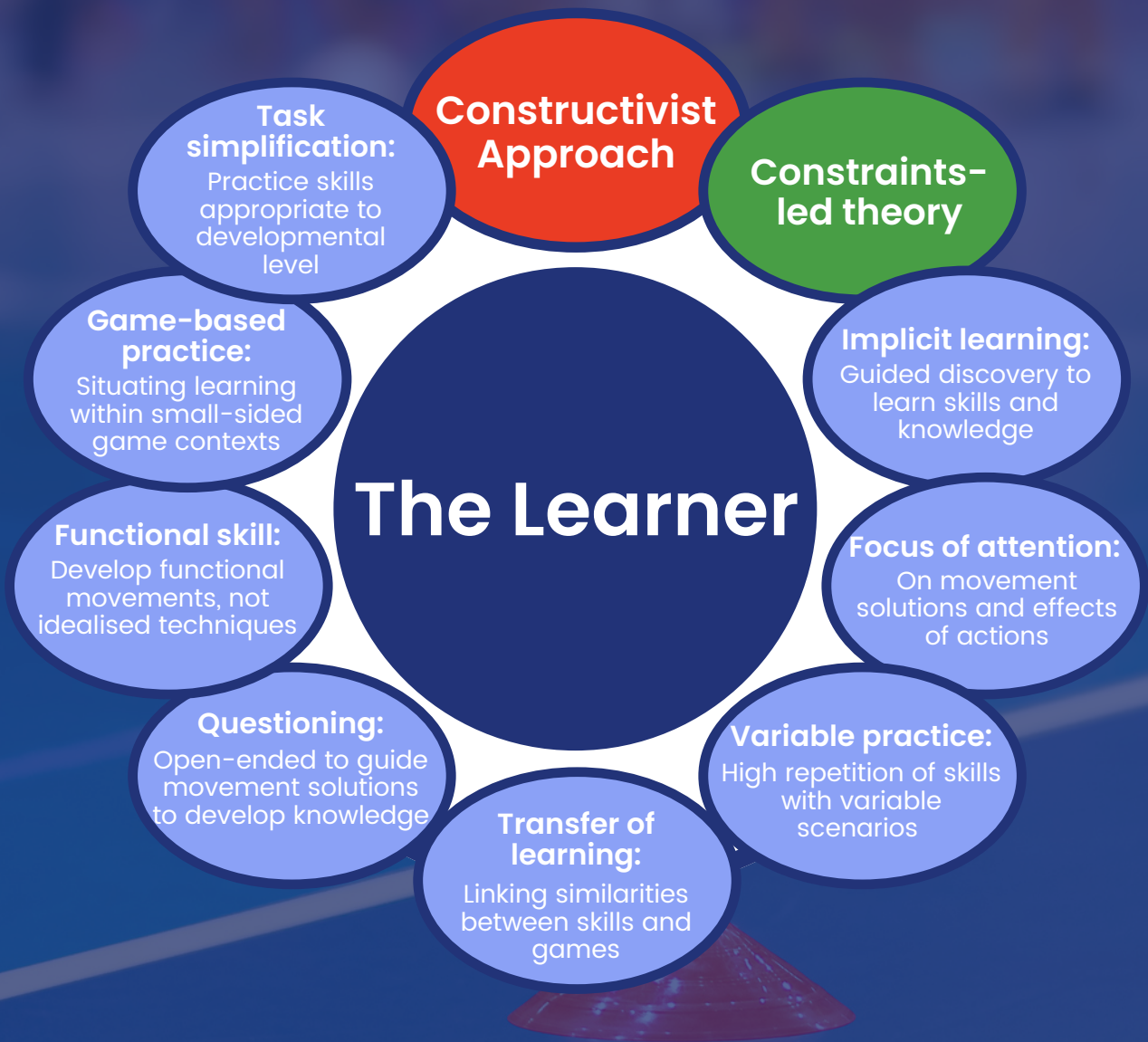
- Lawn bowls
- Bocce
- Darts
- Golf

Some tips on how to structure a lesson:



Source: Breed & Spittle

Benefits of the Game Sense model:



Need further help?

Click [here](#) to check out ACHPER Victoria's Level 7 & 8 Game Sense Units Plan resources over on our website.