



## Active Schools fully subsidised Regional PD opportunity

### *Increased physical activity leads to increased wellbeing – discover how to increase both at your school and in your classroom*

It is well documented that wellbeing supports student learning, which is why it sits side-by-side with learning at the centre of the Framework for Improving Student Outcomes (FISO 2.0).

*Importantly, we also know that increased physical activity leads to better wellbeing outcomes for students and that this needs to come from more than just regular PE lessons. What can you do in your classroom to promote greater levels of physical activity in your students?*

The Active Schools Expert Support Service are running a series of regional professional development days which will develop your knowledge on how to increase physical activity levels at your school in one or more of the Active Schools key priority areas which include:

- Active Classrooms
- Quality Physical Education
- Quality School Sport
- Active Travel
- Active Recreation.



If you've been wanting to discover creative ways to get your kids moving in the classroom, in a way that fosters active learning, then one of these PD days would be perfect for you! Facilitated by members of the Expert Support Service, it will also include other teachers in your region modelling great practice leading to an improved Active Schools culture.

- Cost: **FREE** (but registration is a must so we can provide everyone with lunch)
- Fully catered
- Who can attend? Any teacher or teacher leader from a DET school (with or without Active Schools funding)

**Locations (and a snapshot of the presentations you can expect):**

**Latrobe University, Bundoora, Monday 2<sup>nd</sup> May - [Bundoora Regional Event Flyer](#)**

*Active Classrooms – Bringing content to life through incorporating movement – Dr Natalie Lander, Transform-Us!*

**Deakin University, Waurn Ponds, Thursday 5<sup>th</sup> May - [Geelong Regional Event Flyer](#)**

*Active Classrooms – Revolutionising the classroom through movement – Dr Natalie Lander, Transform-Us!*

**Quality Hotel Gateway, Wangaratta, Tuesday 24<sup>th</sup> May - [Wangaratta Regional Event Flyer](#)**

*Active Classrooms – Fostering a love of movement in all students – Kathy Tessier, Active Schools*

**Swan Hill Tennis Club, Swan Hill, Wednesday 25<sup>th</sup> May - [Swan Hill Regional Event Flyer](#)**

*Active Classrooms – Linking Physical Activity to the Classroom, Active Schools Expert Support Service*

If you are motivated to improve student wellbeing in your classroom and would like to attend one of the above events, click on the relevant regional event flyer to register or email [activeschools@achper.vic.edu.au](mailto:activeschools@achper.vic.edu.au)