

CONFERENCE PROGRAM

TUESDAY 21 JUNE 2022	
8.00 AM – 8.45 AM	REGISTRATION
8.45 AM – 9.55 AM	SESSION A
9.55 AM – 10.20 AM	MORNING TEA AND EXHIBITION
10.20 AM – 11.30 AM	SESSION B
11.30 AM – 11.50 AM	BREAK AND EXHIBITION
11.50 AM – 1.00 PM	SESSION C
1.00 PM – 1.50 PM	LUNCH AND EXHIBITION
1.50 PM – 3.00 PM	SESSION D
3.15 PM – 4.30 PM	NETWORKING HOUR

CONFERENCE FEES

\$288 Members | \$360 Non Members | \$100 Student Members

REGISTRATIONS ARE NOW OPEN>> [Register here](#)

With thanks to our partners for their ongoing support



A01 DARING TO CARE: VALUES BASED APPROACH IN PE

Susie Saddington, Mernda Park Primary School and Jo Ritson, ACHPER Victoria

This session looks to share how you can incorporate your school values as a focus in your PE program to develop personal and social responsibility through positive play (Safety, inclusion, fair play and effort). We focus on the CARE values of Collaboration, Achievement, Responsibility and Empathy as designed by the leadership team at Mernda Park Primary School and how we have adapted it to PE and Specialist Areas for whole student learning.

Practical

A02 THE MYSTERIES OF FMS

Samantha Snow, Deakin University

Fundamental Movement Skills are the building blocks of physical activity but how did each skill get on that list? Who decides what FMS are important for your students to learn, where do we go to get that information and why is there such a fuss around FMS. This session is about opening up discussions around FMS and debunking some of the myths.

Workshop

A03 ASSESSMENT IN ACTION – USING THE VCAA ASSESSMENT TOOLS

Chris Clark, VCAA

This session will provide teachers with support on accessing and utilising the HPE VCAA assessment rubrics. Participants will be provided with information around their purpose and will then have the opportunity to adapt and construct their own rubric to fit a given example. Links will also be made to the indicative progress templates and how these can also be used to support assessment in HPE.

Workshop

A04 WELLBEING BY DESIGN

Meg Durham, Open Mind Education

'Taking care of yourself requires your active participation - it's not a spectator sport.' In this interactive and thought provoking session, Meg Durham will share practical ways to manage your energy when you are exhausted and overwhelmed by the never ending demands of school life.

Workshop

A05 TOP TEN TIPS FOR INCLUSION

Robyn Percy Goulding, Ascot Vale Heights Special School

This session will look at strategies for inclusion. It will cover systems and resources to have in place before your lesson begins as well as strategies and resources to reengage your student. Resources, communication, teaching practice, schedules are all examples of some of the topics that will be covered.

Workshop/Practical

A06 THEMATIC APPROACH TO GAMES BASED LEARNING

Rick Baldock, ACHPER SA

A thematic approach for Physical Education enables the teaching and learning of game concepts and strategies that are transferrable between sports. This approach has piqued the interest of many Health and Physical Education teachers through their engagement with the Victorian Curriculum F-10: HPE and the notion of "transfer". The Australian game-based approach of Game Sense has the capacity to provide an ideal instructional practice for teachers to facilitate a thematic curriculum and the transfer of movement concepts and strategies, using the organisational feature of the four game categories: invasion; net, court and wall; striking and fielding; target. This workshop will introduce the principles of play including movement concepts and strategies across the four game categories.

Workshop/Practical

A07 TRAUMA INFORMED PRACTICES IN THE PE CLASSROOM

Rebecca Harris, Carlton Primary School

This session will include an introduction to trauma, with a focus on how trauma impacts learning and self-regulation. We will discuss practices that mitigate the impacts of trauma but are also great for all students, including the ways that we can use movement and PE to teach students trauma-supportive strategies, while they are learning and enjoying themselves.

Workshop/Practical

B01 ACTIVE YOGA AND MINDFULNESS FOR PRIMARY STUDENTS*Olivia Goder, St Leonard's College*

Move, breathe and laugh together through this engaging yoga and mindfulness session. This practical session will guide you through a range of engaging yoga and mindfulness activities with Olivia Goder, PE Teacher and children's yoga instructor. This session will model how yoga and mindfulness practices can be used to support wellbeing in physical education classes in a way that is achievable, memorable and engages primary students.

Practical

B02 DEVELOPING FMS THROUGH GAMES*Brayden Van Der Poll, Templestowe Primary School*

Students who have successfully developed competency in Fundamental Motor Skills have also been found to successfully participate and maintain involvement in a range of sport/non-competitive movement activities throughout their development. This practical session provides primary educators with a range of modifiable and engaging games to help develop FMS in our students. If you're looking for some fresh ideas or ways to modify classic favourites, you won't want to miss this!

Practical

B03 PLAN. PREPARE. PERFORM. QUALITY PE PLANNING PART 1*Jo Ritson, ACHPER Victoria*

Relevant to many situations, 'failing to prepare, is preparing to fail' and planning your PE program content is no different! This hands on, collaborative session is twofold. This first session (B03) will unpack the foundations of planning (influences of why and how we plan) which will enhance your confidence to know how to map out the units in your scope and sequence. The second session (C03) will allow you to engage with others to plan a unit sequence, aligned to content descriptions and achievement standards with specific learning outcomes. You'll leave feeling accomplished that you've already done the work ready to implement back at school!

Note: We recommend continuing this session with C03 but advocate this is still a great standalone session.

Workshop

B04 USING TECHNOLOGY TO ASSESS DIFFERENTLY*Jane McPherson, Penleigh and Essendon Grammar*

How do you purposefully and efficiently assess students? How can technology assist you in collecting authentic and objective evidence? When developing our curriculum programs, we decide what we want to assess. But have you considered how you are going to collect your evidence throughout the year that is meaningful for the student and manageable for you? This session will share ways you can utilize technology to provide feedback and assessment in an objective and purposeful way.

Workshop

B06 INVASION GAMES- MOVING FROM DRILLS TO GAMES*Michael Ballantyne, Chairo Christian School*

Ever wondered how to explicitly teach invasion game strategies and then apply them in minor games? This practical session will guide primary teachers through a sequence of drills and engaging games to help students to apply the skill of creating and moving into space.

Practical

B07 UNPACKING THE ACTIVE SCHOOLS FRAMEWORK*Kirsten Smith and Dr Bernie Holland, Active Schools*

This applied session will unpack the 6 priority areas of the Victorian Department of Education (DET) Active Schools Framework and outline a clear strategy your school can apply as you move towards improving the activity opportunities and outcomes for your students. You will receive access to an Audit Tool and Action Plan template currently being effectively used in over 300 Victorian schools along with resources and case studies you can use to inform your school. Leave this workshop armed with the tools to make a difference in your school.

Workshop

B08 OH, I DIDN'T KNOW THAT WAS CONSIDERED STUDENT VOICE*Cameron Van Der Smeë, Federation University*

Although scholars have advocated for students to be considered central to the educational process for decades the voice of the primary students remains absent (Iannucci & Parker, 2021). This leaves us with calls issued for more understanding of what (if any) student voice practices are occurring in PE at the primary (K-6) level (Iannucci & Parker, 2021; Parker et al., 2018). Therefore, our research aims to explore teachers' understanding of and experience enacting student voice practices in primary PE. Utilising these findings, we will co-develop an understanding of student voice practices with ACHPER participants.

Workshop

C01 VIRTUAL ENGAGEMENT*Daniel Thomas, Lysterfield Primary School*

The last two years have provided insight into the benefit the virtual domain can provide to school communities. "How can we as HPE leaders tap into this approach to enhance engagement and connection for our school communities?" In this workshop we will look to unpack the value of virtual events, its scope to connect and impact on health and wellbeing. We will look into examples from schools, networks and school sport over the last two years with the aim to find the successful elements that you can take back to your community for meaningful impact.

Workshop

C02 STUDENT CENTRED TEACHING CUES AND AGE-APPROPRIATE LANGUAGE IN FMS*Sarah Maxwell, Mill Park Heights Primary School*

We often say "Eyes on the prize" but can we create some more fun and exciting FMS teaching cues to get the message across to our students in an age-appropriate way. This session will explore how we can think outside the box with teaching FMS skills by using 'student cues' rather than a more technical 'teacher cue'. We will explore a range of activities during this session that will get you to think creatively to develop activities and teaching cues to ultimately reinforce FMS learning concepts in a fun and exciting way.

Practical

C03 PLAN. PREPARE. PERFORM. QUALITY PE PLANNING PART 2*Jo Ritson, ACHPER Victoria*

Relevant to many situations, 'failing to prepare, is preparing to fail' and planning your PE program content is no different! This hands on, collaborative session is part two (continuation of B03) to effectively mapping out your schools PE program. This session will unpack, what might build your PE programs scope and sequence. Engage with others to plan a unit sequence, aligned to content descriptions and achievement standards with specific learning outcomes. You'll leave feeling accomplished that you've already done the work ready to implement back at school!

Note: We recommend joining the precursor session (B03) but advocate this is still a great standalone session.

Workshop

C04 BRINGING THE HEALTH IN THE CURRICULUM TO LIGHT*Megan Meek, Cancer Council Victoria*

Supercharge the HPE curriculum and lead a whole school approach to health and wellbeing. This session will: Unpack the link between health and child learning and development; Dive into the Personal, Social and Community Health strand; Learn practical strategies to lead your school to create a healthy and active culture and; Find out about free programs and support for your school.

Workshop

C05 SENSORY INPUT FOR PHYSICAL OUTPUT*Chloe Dew, Black Hill Primary School*

In this session we will explore the impact that sensory needs have on a student's ability to cope, survive and thrive in Physical Education lessons. We will explore different types of sensory needs and how over and under stimulation can impact on our students and their ability to focus during lesson.

Practical

C06 DELIVERING CRICKET THROUGH STRIKING AND FIELDING GAMES*Sean de Morton, Cricket Australia and Owen Hulett and Jason Webb, Cricket Victoria*

This session will further develop your understanding of how to best use cricket as a vehicle for delivering Striking and Fielding Games through the Game Sense Approach to teaching and learning. Key game concepts and skills will be applied through a range of engaging games and activities that can be used to achieve outcomes in Striking and Fielding Game Units.

Workshop/Practical

C07 DEVELOPING AN ACTIVE PRIMARY SCHOOL*Kirsten Smith and Arron Gardiner, Active Schools*

The physical education teacher and quality physical education (PE) programs are vital to developing an Active School. This interactive workshop will specifically focus on developing your understanding of how you can increase student physical activity beyond the PE class, support the development of Active Classrooms and a more Supportive School Environment. Leave this workshop armed with ideas and resources to support your colleagues to lead change in your school's physical activity culture.

Workshop/Practical

C08 BLENDING MODELS OF PRACTICE: TPSR, GAME SENSE IN TENNIS*Rick Baldock, ACHPER SA*

When examining various models of practice in Physical Education teachers are often left with the impression that they need to adhere to a model so that its fidelity is maintained. For the practitioner, however, they are often seeking a more pragmatic approach that will engage learners and enhance student achievement. This session will provide a brief overview of these models and then provide time for attendees to discuss and experience how these models can be best blended to enhance student learning. This session will be especially useful for those wanting to renew their PE planning and the way in which they structure units of work and lessons.

Workshop/Practical

D01 SWIMMING AND WATER SAFETY FROM CLASSROOM, TO POOL, TO OPEN WATER*Kaitlyn Greenhill, Life Saving Victoria*

During this interactive workshop, Life Saving Victoria will share their Lifesaving Education Programs and the benefits of a holistic approach to water safety education. Explore the concepts of knowledge, competency, and experience, and how you can implement these three key elements in your own programs to ensure your students are experiencing quality swimming and water safety education.

Workshop

D02 MUCKING AROUND WITH BALLS*Grant Weir, Richmond Institute (Richmond Football Club)*

What can you do in Phys Ed with only a bucket of tennis ball? What can't you do? This very interactive session will look at teaching throwing and catching as well as ball handling for warm-ups and skill development. It's fun. It's interactive. And everything explained and demonstrated can be used in your class the next day.

Practical

D03 TAKING YOUR PRIMARY OUTDOOR ED PROGRAM TO THE NEXT LEVEL*James Will, Milgate Primary School*

In this session I will provide you with strategies and options to engage students through a comprehensive Primary Outdoor Education Program. We will look at the range of activities, opportunities, and programs we utilize at Milgate PS to maximise student participation in the outdoors. In turn giving students the opportunity to experience new and exciting challenges through a quality outdoor education program. If you are looking for some fresh ideas and easy to facilitate programs, then this session is the one for you.

Workshop

D04 CREATING BODY CONFIDENT SCHOOLS*Dr Zali Yager, Body Confident Collective*

In this interactive and experiential session, we present recommendations for school practice in relation to body image, weight, and health, as informed by the latest research and evidence, and the lived experiences of young people. We will discuss opportunities for embedding a whole school approach, including parent information, policies and procedures, and creating a culture that is supportive, welcoming, and inclusive. Specific evidence-based programs for curriculum will be provided, alongside guidance for potentially harmful activities to avoid in Health and Physical Education.

Workshop

D05 TEACHING CONSENT FOR PRIMARY SCHOOL AGED CHILDREN*Rebecca Harris, Carlton Primary School*

This session will include an introduction to trauma, with a focus on how trauma impacts learning and self-regulation. We will discuss practices that mitigate the impacts of trauma but are also great for all students, including the ways that we can use movement and PE to teach students trauma-supportive strategies, while they are learning and enjoying themselves.

Workshop

D06 TEACHING NET/WALL WITH A GAME SENSE APPROACH*Sarah Green, Tennis Victoria*

A Game Sense approach in physical education places the game at the heart of the session. It encourages the player to develop skills in a realistic context, to become more tactically aware, to make better decisions and to have more fun. Applying the Game Sense approach, this practical workshop will identify generic tactical problems and solutions within net/wall sports through focusing on a variety of tennis games and play practices. These games will form the foundation for enhanced game understanding and performance in other sports in the net/wall category and broaden your teaching repertoire of net/wall games.

Practical

D07 GETTING STUDENTS ACTIVE USING TECHNOLOGY IN PE*Jessica Close and Andy Gillies, Christ Church Grammar*

Come and see different ways you can use technology in a positive and engaging way to get your students more active and to feel connected. This workshop will show methods to use technology to develop cooperative learning skills, improve reaction time, agility, fitness, expand game sense and look at other ways to teach dance, yoga, athletics, and other sports. Come and try different technologies and see the millions of ways you can include in your teaching each day by using blaze pods, iPads, green screens, QR codes, virtual reality and more!

Workshop/Practical

D08 EXPAND YOUR PE GAMES KITBAG*Josh Simpson, Pearcedale Primary School*

This practical session aims to introduce you to a variety of fun and engaging games that can be implemented into your program. It will give you new ideas on how you can commence your lessons with instant activities, ensure you have time for assessment and will give you fresh games/activities that you can implement the next chance you get. This practical session aims to be fun, engaging and beneficial for all that are willing to give it a go.

Practical

Join other delegates, presenters and ACHPER staff for a wind down before you head home.
There will be refreshments along with the opportunity to network and share.