

8.00am-8.30am Registration

8.30am-8.45am Welcome to the conference from ACHPER Victoria

Session A 8.45am – 9.55am	A01: Sports Science in action Kate Perry, La Trobe Exercise Science	A02: Data-based decision making in Year 7-10 HPE classes: From theory to practice Dr Lauren Petrass, Deborah Robertson, Federation University	A03: Upgrading the 4-Game Classification Framework Associate Professor Judith O'Connor, Monash University UNAVAILABLE	A04: Health in HPE: Body image and confidence UNAVAILABLE	A05: Ultimate Frisbee: Developing Self-Advocacy Through Self-Refereed Sport Simon Talbot, Ultimate Victoria	A06: Teaching Net/Wall with a Game Sense Approach Christine Mravlek-Bonello & Jon Watson, Tennis Victoria.
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Break & move to Session B

Session B 10.00am – 11.10am	B01: Introduction to energy systems and lab testing experience Kate Perry, La Trobe Exercise Science	B02: Be an Assessment Champion in 7-10 HPE Adriana Pinder, Renae Fraser, ACHPER Victoria	B03: OurFutures: Universal prevention programs for adolescents targeting substance use and mental ill-health. Amy Leigh-Rowe, Research Associate, The Matilda Centre, University of Sydney.	B04: Overcoming challenges to increase swimming and water safety participation in secondary students Mark Bolitho & Alek Olszewski, Life Saving Victoria	B05: Spikeball for Secondary School James Docking, Spikeball Australia	B06: Invasion Games – progressing activities and questioning Andy Hair, Scott Chiswell, Active Schools ACHPER Victoria
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Morning Tea 11.10am – 11.30am

Session C 11.30am – 12.40pm	C01: Introduction to strength and conditioning and training programs Luke Stutter, La Trobe Exercise Science	C02: Why physical activity LEARNING must be a priority of every secondary PE program Dr Trent Brown, Deakin University	C03: Using physical activity to improve student behaviour outcomes Scott Chiswell & Kathy Tessier. Active Schools, ACHPER Victoria	C04: Fast-track skill development with Speedminton. Games sense ideas to 'ramp up the fun' in wall/net/racket learning Geoff Bannister, Speedminton	C05: Striking and Fielding in Secondary: an active and adaptable approach Tim Hatz, Jo Shutt, Danielle Rigg, Softball Victoria.	C06: Bringing movement & mindfulness to schools Georgie Janssen, The Mindful Move
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Lunch & Exhibition (12.40pm-1.30pm)

Keynote 1.30-2.15pm	<p>Join us for our Keynote speaker and presentation in this time. Presented by Dr Zali Yager, The Embrace Collective.</p> <p><i>So many young people experience high levels of pressure around their appearance, and 77% of Australian adolescents report experiencing body image distress. The past two years have seen a rapid rise in body image concerns and eating disorder presentations, particularly among 5-12 year olds. So how do we teach about body image in ways that support our students to accept and appreciate their own and others' appearance? And how do we teach about nutrition and health in ways that are safe for students who may be vulnerable to, currently experiencing, or in recovery from, an eating disorder? In this keynote, Dr Zali Yager will provide clear guidance on what is and is not helpful when teaching about food, weight, movement, and body image, and provide details of new and exciting programs to bring fresh content to your classroom.</i></p>					
Session D 2.15pm – 3.25pm	D01: Enhancing student behaviour using sport and physical activity Daniel Garcia, Nicolas Nedelkovski, St Bernard's College	D02: Fuel Your Goals- the power of performance nutrition in sport, school & life Alison Miles, Advanced Sports Dietitian - Fuel School	D03: Your Wellbeing Matters!!! Hollie Seibold, Simon Kearney, Readiness.	D04: Exploring Fundamental Movement Skills through the Lens of Cricket Chris Konolige, Cricket Victoria	D05: HIIT in the P.E Curriculum Chris Terzakis, Emmanuel College & Daniel Scanlon, Metafit Australia	D06 Get Pickled! A fun and interactive introduction to the exciting world of Pickleball Andy Hair, Active Schools ACHPER Victoria, Mathew Monty, Director-Monty's Pickleball & Tennis Academy

Key: **Practical** **Workshop**