

## CONFERENCE PROGRAM

| FRIDAY 19 FEBRUARY 2021 |                            |
|-------------------------|----------------------------|
| 7.30 AM – 8.45 AM       | REGISTRATION               |
| 8.45 AM – 9.55 AM       | SESSION A                  |
| 9.55 AM – 10.20 AM      | MORNING TEA AND EXHIBITION |
| 10.20 AM – 11.30 AM     | SESSION B                  |
| 11.30 AM – 11.50 AM     | BREAK AND EXHIBITION       |
| 11.50 AM – 1.00 PM      | SESSION C                  |
| 1.00 PM – 1.50 PM       | LUNCH AND EXHIBITION       |
| 1.50 PM – 3.00 PM       | SESSION D                  |
|                         |                            |
|                         |                            |

### CONFERENCE FEES

\$288 Members | \$360 Non Members | \$100 Student Members

REGISTRATIONS ARE NOW OPEN>> [Register here](#)

With thanks to our partners for their ongoing support



## SESSION A

8.45 AM – 9.55 AM

**A01 APPLYING ENERGY SYSTEMS***Dr Melissa Arkinstall, Exercise Research Australia*

This session will explore the physiology of energy systems using theory as well as practical activities to showcase energy system interplay. You will leave with a range of innovative teaching ideas to use within your classroom as well as suggestions for how to break down content for your students.

UNIT 3 Seminar

**A02 DEVELOPING EXTENDED RESPONSES IN HHD***Katherine Jones and Ashley Mills, Penola Catholic College*

The extended response question is a highly discussed aspect of the VCAA VCE® HHD examination. This session will explore extended response questions and unpack how to introduce them to your students, how to prepare students to respond well to them in the exam, and how to assess holistically.

UNITS 1–4 Seminar

**A03 UNPACKING LITERACY DEMANDS IN OES UNITS 1–4***Hayley Tagell, St Leonard's College and Adam Hipwell, Ave Maria College*

This session will unpack some of the key literacy demands teachers and students are faced with throughout Outdoor and Environmental Studies from Unit 1 to Unit 4. Content is aimed at improving students' ability to comprehend questions and compose responses that give them the greatest chance of success. Tips, insights, common errors and more will be covered as well as an opportunity for teachers to analyse model responses across the curriculum. Participants can expect to walk away with practical ideas, tools and resources to apply in the classroom.

UNITS 1–4 Seminar

**A04 PREPARING FOR THE VET SPORT AND RECREATION EXAM***Iolanda Rogliano, Methodist Ladies College*

This engaging session will share a range of information to best prepare your students for the exam, including: skills students need to get through the exam, how to use your units of competency and Bloom's Taxonomy to create short answer questions to develop all levels of thinking, key stem words, and sample quizzes and exam resources.

VET SPORT AND RECREATION Seminar

**A05 STUDENT CENTRED ASSESSMENT IN UNIT 2 PE***Paul Hager and Jeremy Neumann, Lilydale High School*

Unit 2 of the Physical Education Study Design requires students to engage in a program designed to improve physical activity and reduce sedentary behaviour. This session looks at a group based, student centred and holistic assessment task for Unit 2, Outcome 1 incorporating data collection strategies and engaging teaching activities.

UNIT 2 Seminar

## SESSION B

10.20 AM – 11.30 AM

**B01 BIOMECHANICS AND SKILL ACQUISITION***Ray Breed, Swinburne University of Technology*

This session will focus on developing your understanding and confidence in teaching VCE PE Unit 3, AoS1. How are movement skills improved? The hands-on workshop will extend your understanding of both skill acquisition and biomechanical principles using a range of practical tasks to demonstrate these concepts in action. The session will enable you to view skill performance and analysis using a more holistic lens by integrating smaller concepts to explain movement. There will be plenty of opportunity to ask questions and share ideas relating to content and SAC preparation. (Please note, this is a practical session)

UNIT 3 Practical

**B02 PREPARING FOR UNIT 3 HHD***Alison Howard, St Michael's Grammar School*

This workshop will examine the HHD Study Design for Unit 3, and will include sample teaching strategies, resources and assessment tasks covering the key knowledge and skills to engage students and enhance their learning. An overview of the entire course is provided with reference to the advice for teachers as a vital resource for planning lessons and mapping units.

UNIT 3 Seminar

**B03 HOW TO LEARN AN OUTDOOR ENVIRONMENT FOR VCE OES***Josh Ambrosy, Federation University and Panellists*

The uses of outdoor environments is central to VCE Outdoor and Environmental Studies. This panel style session will provide you with the opportunity to hear from experts in the field about outdoor environments, their use, and how you can source information and support from them to build to integrate examples and case studies into your curriculum. The session will see multiple speakers present with Q&A time to follow.

UNITS 1–4 Seminar

**B04 SPORT COACHING UOC TEACHING AND ASSESSMENT IDEAS***Craig Seckold, Eltham College*

Needing ideas to plan for this UOC in 2021? This session is for you! Engaging classroom and practical ideas will be shared to show how you can deliver the sport coaching aspect of the VCE VET Sport and Recreation program with your students in line with the new program requirements, as well as sample assessment options.

VET SPORT AND RECREATION Seminar

**B05 ENGAGING ACTIVITIES FOR UNIT 1 HHD***Vee Anrep, Brentwood Secondary College*

This workshop will focus on implementing engaging teaching activities for the 21st century learner. The activities presented will have a strong focus on Unit 1 Area of Studies 1 and 2, but these activities are flexible, and can be adapted to suit your learners' needs. Participant involvement is encouraged as the workshop will involve active learning.

UNIT 1 Seminar

**B06 SCHOOL BASED ASSESSMENT: PURPOSE AND DEVELOPMENT***Dr Rachael Whittle, VCAA*

This session will build teacher understanding of the purpose of school-based assessment and how this aligns with the development of school-assessed coursework tasks (SAC's) that meet VCAA requirements. Teachers will explore different task types, common misconceptions and look at how the Performance Descriptions can be modified and used to assess students' level of performance in VCE Health and Human Development, Outdoor and Environmental Studies and Physical Education.

PE, HHD AND OES UNITS 1–4 Seminar

## SESSION C

11.50 AM – 1.00 PM

**C01 TIPS FOR TEACHING AND DEVELOPING TRAINING PROGRAMS UNIT 4**  
*Ann–Maree Dell'orso, Parade College*  
 This session will cover tips for strengthening student understanding of training programs within Unit 4 Physical Education. Activity ideas will be shared to prepare students to write training programs, common student mistakes explored and resources shared to use in class to help improve student confidence within this area of the study design.

UNIT 4 Seminar

**C02 STRENGTHENING STUDENT ANALYSIS AND APPLICATION IN HHD**  
*Emma Manks, Frankston High School*  
 Needing your students to move from describe and explain to analyse and apply? This session will provide a range of activities to help students progress from lower order to higher order thinking across VCE HHD Units 1–4.

UNITS 1–4 Seminar

**C03 CRITICAL AND CREATIVE SACS AND JOURNALS IN OES**  
*Josh Ambrosy, Federation University*  
 In this interactive workshop you will explore how to embed both critical literacies within SACs and journal tasks in VCE OES. The development of these skills in students is paramount to help them prepare for extended responses in the exam and for future challenges that they can apply their OES knowledge to such as personal actions towards sustainable lifestyles. Weather permitting this session will be run outdoors.

UNITS 1–4 Practical

**C04 PLAN AND CONDUCT PROGRAMS, AND FACILITATE GROUPS**  
*Peter Harrington, De La Salle College*  
 Teaching and facilitating both the **Plan and conduct programs** and **Facilitate groups** UOC'S at Units 3 and 4 can be daunting and knowing where to start can be part of the problem. What can I do? How do I make it interesting and relate these units to a VCAA exam? This session aims to answer these questions and provide VET trainers with some practical advice and a ready-made resource which will help in the development and implementation of a robust and memorable program which will benefit both trainers and students.

VET SPORT AND RECREATION Seminar

**C05 TACKLING PE QUESTIONS**  
*Rhonda Mallinder, Consultant*  
 This session will provide strategies to assist students to comprehend what is being asked in questions and how to respond appropriately to achieve maximum marks. Focus will be on Units 3 and 4 however strategies can be applied to Units 1 and 2.

UNITS 1–4 Seminar

**C06 ENGAGING ACTIVITIES FOR UNIT 2 HHD**  
*Stephanie Ellison, Dandenong High School*  
 This session aims to provide a range of teaching activities to engage students and help improve their application of developmental transitions and health care in Australia.

UNIT 2 Seminar

## SESSION D

1.50 PM – 3.00 PM

**D01 DECONSTRUCTING SCHOOL ASSESSED COURSEWORK**  
*Mark Corrie, Peninsula Grammar*  
 This session will provide teachers with a breakdown of Unit 3 and 4 SACs and their requirements to meet VCAA assessment criteria. With primary data being a key component of assessment, participants will leave with concrete examples of how to gather data and use it to assess student understanding. This session is targeted at newer teachers to VCE Physical Education, however experienced teachers will gain refreshed ideas and the chance to collaborate on assessment tasks.

UNITS 3 AND 4 Seminar

**D02 PREPARING FOR UNIT 4 HHD**  
*Kelsey Currie and Morgan Wyatt, Lilydale High School*  
 In this session, teachers will be provided with engaging activity ideas for Unit 4 Health and Human Development. Common student errors and tips to effectively prepare students for assessments within this area of the study design will also be discussed.

UNITS 3 AND 4 Seminar

**D03 DESIGNING LOCAL OES EXPERIENCES**  
*Ben Liu, Royal Botanic Gardens Victoria*  
 Through exploration of the history, utilisation and management strategies of the Cranbourne botanic gardens and bushland this workshop focusses on how a partnership with a locally managed urban park can provide unique teaching opportunities across VCE OES.

UNITS 1–4 Seminar

**D04 PRACTICAL IDEAS FOR VCE VET SPORT AND RECREATION**  
*Samantha Downward, Kambrya College and Shaun Bowes, St Helena Secondary College*  
 This session will explore and provide you with practical ideas to teach and engage your students in the following Units of Competency: BSBWHS303 – Participate in WHS hazard identification, risk assessment and risk control and SISXRES002 – Educate User Groups. These activities will help your students apply a range of practical experiences to the end of year exam. (Please note: This is a practical session)

VET SPORT AND RECREATION Practical

**D05 NEW YOUTH HEALTH ISSUE RESOURCE FOR UNIT 1 HHD**  
*Chrissy Collins, Thornbury High School and Mark Riddiford, Victorian Responsible Gambling Foundation*  
 With recent statistics indicating youth gambling is on the rise, the Victorian Responsible Gambling Foundation (VRGF) and ACHPER Victoria have collaborated to develop a set of teaching resources to support this as a focus for Unit 1 Area of Study 3, which requires students to research youth health issues. The resource pack due to be released in early 2021 provides teachers with lesson plans, teaching resources, data, case studies and assessment support, which will all be unpacked in this session.

UNIT 1 Seminar

**D06 EXPLORING TEACHING IDEAS FOR UNIT 1 PE**  
*Tabitha Southey, Canterbury Girls Secondary College*  
 This session will explore teaching ideas to use across VCE PE Unit 1. In particular, the culminating Unit 1 PE SAC will be discussed – a written report analysing participation in practical activities to demonstrate how the musculoskeletal and cardiorespiratory system work together to produce movement.

UNIT 1 Seminar