



achper
VICTORIA

Teachers in Action Virtual Conference

Keeping Connected

25–26 November
2021

Register now!



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#TEACHERSINACTION2021

Keeping Connected

During most of 2020 and now into 2021 Victorian HPE Teachers have navigated, arguably, the toughest shift in their careers, presented with the challenges of remote learning and demonstrating amazing resilience whilst upskilling to adapt to online teaching.

As HPE professionals, we know our community thrives on connectedness and opportunities to teach and learn in a face to face environment, and it has been an undoubtedly tough time with uncertainty and changing circumstances for face to face connections with peers and students.

You have risen to the challenges of the past 18 months and tackled them head on continuously providing quality health and physical education at a time where children and young people need stability and support like never before.

The **2021 Teachers in Action Virtual Conference** is our chance to come together virtually on **25-26 November** to celebrate the successes, resilience and responsiveness of a profession who continue to rise strong together. Join your fellow teachers and be inspired by the shared knowledge and experience of over 30 conference presenters and many delegates just like you.

This is your time to connect virtually with your tribe and stand proud of all you've achieved so far and all that you are working towards in your future. ACHPER Victoria is thrilled to be able to stand by your side through your professional growth and continue kicking goals together as we strive to teach and develop *Active and Healthy Victorians!*



Peter Wright,
President



Hilary Shelton,
Chief Executive Officer



School Leaders

Curriculum Leaders

Secondary PE Teachers

Wellbeing Coordinators

**VCE PE Teachers VCE
HHD Teachers**

**VCE VET Sport &
Recreation Teachers**

Sport Coaches

Tertiary Academics

Primary PE Specialists

Early Career Teachers

Pre-service Teachers

Sports Coordinators

Experienced Teachers

HPE Teachers

Health Teachers

*Primary Generalist
Teachers*

PE Teachers

VCE OES Teachers

2 day
event



Virtual
exhibition



30+
sessions
covering F-VCE



2021 Conference Timeline

30+ sessions covering Primary, Secondary and VCE content within each elective

Day 1 – Thursday 25th November

10.00am – 10.45am	Welcome and morning kick start session
11.00am – 11.50am	Keynote 1: Tayla Harris AFLW
11.50am – 12.30pm	Networking/Exhibition
12.30pm – 1.30pm	Elective Session A
1.30pm – 1.50pm	Networking/Exhibition
1.50pm – 2.50pm	Elective Session B
2.50pm – 3.10pm	Networking/Exhibition
3.10pm – 4.10pm	Elective Session C
4.10pm – 4.30pm	Networking/Exhibition

Day 2 – Friday 26th November

10.00am – 10.45am	Morning kick start session
11.00am – 11.50am	Keynote 2: Dr Billy Garvey, Paediatrician
11.50am – 12.30pm	Networking/Exhibition
12.30pm – 1.30pm	Elective Session D
1.30pm – 1.50pm	Networking/Exhibition
1.50pm – 2.50pm	Elective Session E
2.50pm – 3.10pm	Networking/Exhibition
3.10pm – 4.10pm	Elective Session F
4.10pm – 4.45pm	Closing Panel

Attend live or view session recordings on-demand

VIEW THE FULL PROGRAM
www.achper.vic.edu.au/conference



Registrations Now Open!



www.achper.vic.edu.au/conference

2 day conference	Price
ACHPER Victoria Member*	\$350
Non-member (includes 12 month membership)	\$440
School group** (5 delegates)	\$1,650

*You must be an ACHPER Victoria member at the time of registration and conference to receive member prices.

**The school group discount is for over 5 delegates must be from the same school. Membership is not included with school group discount.

Visit the Conference website for live updates and to register now!

Scan the QR code or visit:
www.achper.vic.edu.au/conference



For further information please contact:

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DAY 1 THURSDAY, NOVEMBER 25, 2021**DAY 1 KICK START 10.00 AM – 10.30 AM****BOX ED – AN ACTIVE WORKOUT**

Lauren Thomson, Box Ed and Yarra Primary School and Tayla Harris, Professional Athlete, AFLW and Box Ed

Join the Box Ed team while they run you through a 30-minute boxing inspired workout to get your morning going! The session will include basic boxing techniques, footwork, and bodyweight exercises, with the aim to showcase how boxing can be a fun, challenging and engaging focus for your students. F–12

10.30 AM – 10.45 AM SPEED NETWORKING

10.50 AM – 11.00 AM CONFERENCE OPENING

KEYNOTE 1 11.00 AM – 11.50 AM

Tayla Harris, Professional Athlete, AFLW and Box Ed

Our first Keynote Speaker, Tayla Harris a young Australian athlete making her mark on the sports field and beyond.

As a footballer in the AFLW, she was Carlton Football Club's leading goal-kicker in 2019, receiving the JLT Mark of the Year Award for two years running. In boxing, Tayla holds the Australian super welterweight title and is undefeated in eight professional fights.

After a photograph of Tayla kicking a goal became the target of sexualised trolling online in 2019, she courageously used this experience to fight online bullying and disrespect towards women and is now a powerful advocate for respectful relationships.

We look forward to Tayla's session covering the importance of female participation in sport and the importance of being active for the physical, mental and social benefits, whilst taking us on her own journey of competing in two male dominated sports and breaking down traditional gender norms in the sporting arena.

11.50 AM – 12.30 PM NETWORKING AND VIRTUAL EXHIBITION

SESSION A 12.30 PM – 1.30 PM**A1 TOP 10 STRATEGIES FOR INCLUSION**

Robyn Percy Goulding, Sunshine special Developmental School
This session will look at strategies for inclusion. It will cover systems and resources to have in place before your lesson begins as well as strategies and resources to reengage your student. Communication, teaching practice, schedules, sensory needs are all examples of some of the topics that will be covered.

Primary (F–6)

A2 TEACHING TPSR THROUGH PHYSICAL ACTIVITY

Rick Baldock, ACHPER SA
This session demonstrates how the Teaching Personal and Social Responsibility through Physical Activity (TPSR) model can be incorporated into your PE classes/coaching. TPSR in PE is consistent with aspects of the VC: HPE Achievement Standards. Educators consistently report that once TPSR has been taught classes ran more smoothly, with less need for class management as students are increasingly self-managed.

Primary (F–10)

A3 FOSTERING AN ACTIVE SCHOOL

Adriana Pinder and Bernie Holland, ACHPER Victoria
DET's Active Schools Framework highlights the importance of all schools prioritising increased physical activity. HPE educators are key to getting this initiative off the ground to foster a strong culture of physical activity. This session will unpack the Active Schools Framework and outline strategies you can use to support the school community in increasing student physical activity levels.

F–10

1.30 PM – 1.50 PM NETWORKING AND VIRTUAL EXHIBITION

SESSION B 1.50 PM – 2.50 PM**B1 PLANNING YOUR PRIMARY SCHOOL PHYSICAL EDUCATION PROGRAM – UNIT PLANS**

Kirsten Smith, Mernda Primary School
Developing unit plans with clear learning intentions, success criteria, scaffolded learning and appropriate assessment tasks is vital to the effective teaching and learning of your students. You will leave this applied session with a clear understanding of how to build an effective unit plan within the very real constraints we face as primary school PE teachers.

Primary (F–6)

A4 DEVELOPING FORMATIVE ASSESSMENT PRACTICES

Dr Trent Brown, Deakin University
How do we effectively assess students? In this session we look at developing a range of formative assessment practices in PE. Teachers will develop their assessment literacy through examining a range of effective assessment practises that engage with all domains of learning. Teachers will be asked to reflect on their practices before a collaborative session co-developing a range of strategies.

Secondary 7–10

A5 VCAA UPDATES: F–10 HPE, VCE OES, HHD AND PE

Chris Clark, VCAA
Join VCAA Curriculum Manager for Health and Physical Education, Chris Clark, in a special opportunity for F–10 HPE, VCE OES, HHD and PE teachers to hear a brief update on what is in store for 2022. This includes pointing to recent information and new resources in the F–10 space, as well as updates for each VCE HPE study design area and to discover opportunities to engage with each area from a VCAA perspective for 2022.

F–10 and VCE

SESSION B continued 1.50 PM – 2.50 PM**B3 HEALING AUSTRALIA THROUGH ENGAGING WITH FIRST NATIONS***Dr Iisahunter, Monash University*

Wondering how to heal through HPE strands/Health Promoting Schools/movement cultures/school sport but not sure where to start? Challenges for teachers/coaches are how to be part of the Australian healing/reconciliation processes, meeting AITSL Standards 1.4/2.4 and including CCP 'Aboriginal and Torres Strait Islander Histories and Cultures'. This session introduces key ideas, resources, and practices, offering support beyond this session. Experienced teachers welcome.

F–10**B4 TRIBALL – REVOLUTIONISING LACROSSE IN SECONDARY SCHOOLS***Kristen Hutchison, Lacrosse Victoria*

Did you know Lacrosse has an exciting, new game format that is super easy for teachers and students to learn? This practical session will guide Secondary teachers through engaging, game-based activities to teach the basic skills and rules of TriBall Lacrosse. Register today if you want to increase engagement and 'even the playing field' with this non-mainstream invasion game! Note: Please come prepared with either a Lacrosse stick or long handled implement to try some of the demonstrated movements in this presentation.

Secondary (7–10)**B5 SCHOOL ASSESSED COURSEWORK IN VCE***Chris Clark, VCAA*

This session provides teachers with an understanding of the requirements of School-assessed Coursework in VCE PE, HHD and OES. Offering guidance for new and experienced VCE teachers about VCAA requirements for developing school-based assessment tasks, explanations of the key principles underpinning all VCE assessment practices, discussion of common issues in SAC development and how to create authentic and equitable tasks.

VCE**2.50 PM – 3.10 PM****NETWORKING AND VIRTUAL EXHIBITION****SESSION C 3.10 PM – 4.10 PM****C1 FMS: PUTTING OBJECT CONTROL SKILLS IN CONTEXT FOR BETTER STUDENT ACHIEVEMENT***Wayne Schultz, Roxburgh Park Primary School and Sean De Morton, Cricket Australia*

Within the FMS categories, object control requires students to control objects or implements. Developing efficient and effective object control skills requires students to experience a range of activities in multiple environments, so in this session we seek to understand how to provide in context movement applications and practice opportunities to refine and master these skills and have fun doing so!

Primary (F–6)**C2 GROW YOUR ASSESSMENTS WITH IDOCEO***Chloe Dew, Black Hill Primary School*

Do you want to know how to better utilise your records of assessments using iDoceo? This session looks at how iDoceo can help with your planning and assessment process, covering how to set up classes, assessment rubrics and using further examples to get more out of this application. Time will be given for questions to help with your specific needs.

Primary (F–6)**C3 SPECIAL OLYMPICS AUSTRALIA – INCLUSIVE SPORT IN SCHOOLS**

Sarah Wheadon, Special Olympics Australia and Robyn Percy Goulding, Sunshine Special Developmental School
Special Olympics Australia introduces **Inclusive Sport in Schools**; an engaging, inclusive program where students of all abilities can participate and learn at their own pace. Teachers will learn practical strategies to support and engage students with autism and intellectual disability in PE, while developing physical literacy, building skills, knowledge, and behaviours to be active for life and in the local community.

F–10**C4 RELATIONSHIPS, RESPECT, SEXES, GENDERS AND SEXUALITIES? HOW DO I DO THIS STUFF IN SCHOOL/HPE/SPORT?***Dr Iisahunter, Monash University*

Most teachers don't feel confident/competent teaching respectful relationships and sexuality education, but they are compulsory, in our curriculum, and badly needed. Teachers who DO feel confident/competent meet other barriers like cisgenderism and heteronormativity. Some struggle with terms, pronouns, and the difference between sex, gender and sexuality. This session discusses terminology, resources, examples, and research with an invitation for 2022 support.

F–10**C6 DEVELOPING LITERACY IN VCE***Ann-Maree Dell'orso, Parade College*

This session is designed to support teachers with the application of literacy in the VCE Units 1–4 curriculum. Teachers will be shown different activities to support their students in writing and reading for PE, HHD and OES, particularly linking to interpreting and responding to questions. Activities shared are easy to apply within the classroom and support a range of student learning styles.

VCE**4.10 PM – 4.30 PM****NETWORKING AND VIRTUAL EXHIBITION**

DAY 2 FRIDAY, NOVEMBER 26, 2021**DAY 2 KICK START 10.00 AM – 10.45 AM****OMG YOGA**

Olivia Goder, OMG Yoga and teacher

Move, Breathe and Laugh together through this engaging yoga and mindfulness session.

This morning's kick start practical session will guide you through a range of engaging yoga and mindfulness activities with Olivia Goder, PE Teacher and children's yoga instructor. Olivia will model how the yoga and mindfulness practices we experience today can be used to support wellbeing in our own physical education classes as well.

KEYNOTE 2 11.00 AM – 11.50 AM

Dr Billy Garvey, Paediatrician

Billy is a Paediatrician with over 17 years of experience working with children in a number of settings. He is a specialist in both the Centre for Community Child Health & the General Medicine department at the Royal Children's Hospital (RCH) Melbourne. He is an expert reviewer for the Raising Children's Network, contributes to the RCH Clinical Practice Guidelines and is a reviewer for several academic paediatric journals.

His clinical and research interests include child development and mental health, multidisciplinary collaboration, improving health literacy and promoting community engagement to support all families. Billy is a Clinical Teaching Fellow for the University of Melbourne and holds advocacy and research roles in government and not-for-profit organisations at a national, state and local level. He is currently undertaking a PhD piloting a model to support child emotional and behavioural development in primary schools and is a Churchill Fellow exploring how social media can be used to support parenting.

We look forward to Billy presenting and speaking about how educators can support their students and help identify child development and mental health needs which may require further support for the best learning outcomes for all.

11.50 AM – 12.30 PM NETWORKING AND VIRTUAL EXHIBITION**SESSION D 12.30 PM – 1.30 PM****D1 DRY PROGRAMMING – BRING SWIMMING INTO YOUR CLASSROOM!**

Kaitlyn Greenhill, Life Saving Victoria and Aaron French, Elsternwick Primary School

Presented by Kaitlyn Greenhill (LSV) and PE teacher Aaron French (Elsternwick PS), this session provides a practical guide to implementing engaging cross-curricular swimming and water safety lessons, utilising the equipment tucked away in your classroom or gymnasium. Strategies for addressing the Swimming and Water Safety component of the Victorian Curriculum within classroom/PE lessons through FMS and game concepts.

Primary (F–6)

D2 LESSONS FROM THE LOTUS; A GROWTH BASED MODEL TO CAPITALIZE ON INDIVIDUAL EDUCATION PLANS

Andy Hair

IEPs or Individual Education Plans are essential for supporting individual student needs in all facets of education. A student in Physical Education succeeds at the level they are at and improve when this level hovers just above their current ability. Finding engaging and empowering activities for individual student growth can be challenging at times. Within this session you presenter, Andy Hair, will share with you the LOTUS diagram he has developed for Physical Education across FMS and Game Sense units to ensure that his students achieve growth at the level they are able to within the whole class focus of the lesson. This is a curriculum understanding session that may lead to discussions about planning and assessment all of which Andy is very capable of contextualising for your own individual outcomes.

F–10

D3 OKAY! SURE! FINE! WHATEVER! YES!!! STRATEGIES FOR TEACHING STUDENTS ABOUT ENTHUSIASTIC CONSENT

Brendan Bailey, Family Planning Victoria

'Teach us consent!', our students are demanding. And yet the curriculum doesn't provide clear guidance or strategies for how to do so. In this keynote, Brendan will define exactly how to talk about bodily autonomy and enthusiastic consent, provide evidence-based strategies for teaching it to our students, and detail how to implement whole-school strategies for embedding consent education.

F–10

D4 INVASION GAMES– STUDENTS THINKING THROUGH TRANSFERABLE STRATEGIES

Sarah Hogan, Yarra Valley Grammar School

This session will see a number of game-sense strategies and set-ups transferred from invasion sports such as netball to other invasion sports, helping students create more game awareness. This session aims to enable teachers and coaches to empower the thinkers in their class, that may not always stand out when participating in games.

Secondary (7–10)

D5 INQUIRY DESIGN TO GET THE MOST OUT OF VCE STUDENTS

Amanda Lucas, Melbourne Girls' College

How do you get VCE students enthusiastic and involved in their own learning both inside and outside the classroom? This session unpacks the use of Kath Murdoch's Inquiry style learning model, Bloom's Taxonomy and VCE curriculum for PE, HHD and OES study designs to deliver an engaging and differentiated learning experience where all students can improve, with examples for all.

VCE

1.30 PM – 12.50 PM

NETWORKING AND VIRTUAL EXHIBITION

SESSION E

1.50 PM – 2.50 PM

E1 DEVELOPING POSITIVE PLAY BEHAVIOURS IN YOUR PE PROGRAM

Casey Young, Exford Primary School and Jo Ritson, ACHPER Vic
A positive climate for learning can be enhanced through Inclusivity, Fair Play and Safety we call these – Positive Play Behaviours! When we empower students and establish pride we can enhance achievement, engagement, and wellbeing. This session will explore how we can plan, play, and sustain an inclusive, safe and fair Physical Education Program for all students.
Primary (F–6)

E3 STRIKING AND FIELDING GAMES THROUGH A THEMATIC APPROACH TO TEACHING

Wayne Schultz, Roxburgh Park Primary School, Sean De Morton, Cricket Australia and Ray Brees, Swinburne University
Focusing on Striking and Fielding Games, this session will further develop your understanding of game sense through a thematic approach to teaching. Key game concepts and skills will be developed through a range of engaging games and activities that can be applied across the striking and fielding category of games.
F–10

E4 TARGET GAMES – A DIFFERENT LENS

Ben Clark, Keysborough Secondary College
Target games can be a tricky theme to address as without the same variety of sports to draw from as we might see in other themes, we can quickly exhaust our repertoire. This session will take you through a variety of fast paced target games steered towards fostering game understanding through 'targeted' questioning, team collaboration and maximum engagement.
Secondary (7–10)

E5 READY, SET, GO! PLANNING FOR VCE PE 2022

TBC
This session will focus on what you need to know to set up your VCE PE course for 2022, unpacking the study design areas, assessment requirements, timelines, and activity ideas. Resources will be shared to assist and provide you with sample planning ideas, classroom activities and assessment tasks. Time will be given for questions to help with your specific needs.
VCE

2.50 PM – 3.10 PM

NETWORKING AND VIRTUAL EXHIBITION

SESSION F

3.10 PM – 4.10 PM

F1 BUILDING CLASSROOM CONNECTIONS FROM DAY 1

Joshua Simpson, Pearcedale Primary School
This session aims to provide teachers with fun and engaging ideas and games that can be implemented into programs to build positive connections. Throughout the session, we will look at the importance of classroom connections, various strategies to assist with building these and be introduced to a number of activities centring around teamwork, cooperation, building relationships and having fun.
Primary (F–6)

F2 FORMATIVE ASSESSMENT: PURPOSE AND APPLICATION IN PRIMARY PE

Jo Ritson, ACHPER Victoria
In this session Jo Ritson advocates from experience in primary teaching practical examples of how to embed assessment in your teaching practice to inform learning outcomes. Jo's real-life examples guide you through the planning, implementation, and reflection of this process. Bring along your questions for Jo as she dons her ACHPER Victoria Professional Learning Coordinator cap to support you and provide solutions to your questions.
Primary (F–6)

F3 THE PE – SPORT PARTNERSHIP – BUILDING AND GROWING YOUR NETWORKS FOR SUCCESS

Daniel Thomas, Lysterfield Primary School
Explore ways to tap into building your PE and Sport Programs in a mutually supportive way. This engaging session highlights how to build an effective PE, Sport and Sport Leadership program at an individual school and across the entire SSV district. Leave with "Tips and Tricks" to improve your school programs whilst looking towards wider PE and sport leadership roles.
F–10

F5 READY, SET, GO! PLANNING FOR VCE UNITS 3 AND 4 HHD 2022

Ashley Mills, Penola Catholic College
This session will focus on what you need to know to set up your VCE HHD course for 2022, unpacking the study design areas, assessment requirements, timelines, and activity ideas. Resources will be shared to assist and provide you with sample planning ideas, classroom activities and assessment tasks. Time will be given for questions to help with your specific needs.
VCE

F6 MAXIMISING STUDENT PARTICIPATION AND ENGAGEMENT IN THE VCE CLASSROOM

Priscilla Ryles-Smith and Cameron Cox, Norwood Secondary College
This workshop will examine the various ways to engage students in the VCE classroom with the emphasis on implementing strategies to better enhance student learning. Taking an in-depth focus on the planning and implementing ways to maximise class time to enhance student results, we will assist you with planning and delivering a range of hands-on engaging activities to implement into your VCE classroom.
VCE

4.10 PM – 4.45 PM

CONFERENCE WRAP UP AND CLOSING PANEL

Join us for our Closing Key Note Panel with a selection of primary and secondary teachers sharing their thoughts on the topics as chosen by you!

MC Andy Hair will host the panel as they reflect on the year that was and discuss what is on the horizon for Physical Education and Health. Come along, vote for what you want to hear discussed and enjoy the analysis as the panel discuss the hot topics!

KEY:

PRIMARY

F – 10

SECONDARY

VCE

ALL YEAR LEVELS

NETWORKING